

No. T-11020/86/2006-NACO (ART)
Government of India
Ministry of Health and family Welfare
National AIDS Control Organization

9th Floor, Chandralok Building,
36 Janpath, New delhi-11001
Dated: 05th May, 2017

Office Memorandum


Subject: Revised guidelines on initiation of Antiretroviral Therapy (ART).

In accordance with recommendations of Technical Resource group on ART and review of evidence in WHO 2016 ART Guidelines, the guidelines for initiation of ART in PLHIV under National programme have been revised. As per revised guidelines, it has been decided to **TREAT ALL** PLHIV with Antiretro viral Therapy **regardless of CD4 count, clinical stage, age or population.**

Patients who are in Pre ART care should undergo a fresh CD4 count if it is more than three months old and baseline investigations before ART initiation as per revised criteria. Adequate counselling and preparedness needs to be ensured before ART initiation in all PLHIV, particularly for those with higher CD4 count as they are likely to be asymptomatic and more likely to default.

The guidelines on what regimen to start remains same as of now.

This OM is in suppression of all earlier OMs in this regard.


Dr R S Gupta
Deputy Director General (CST) 05/05/2017

To,
The project Director, All State AIDS Control Societies

Copy to:
Programme Director of CoE/ pCoE,
Nodal Officer, All ART Centers
JD (CST)/ Officer In Charge (CST), All SACS
All Regional Coordinators

Copy for information to:
PPS to AS, NACO
PPS to Secretary, Health & FW